

# Living happily with your differences? Ready to take it to the next level?

# **OPEN-HEARTED AND INFORMATIVE**

This open-hearted and informative afternoon will positively change how you look at your relationship and offer hope:

- Is your relationship living up to its full potential?
- How the desire for personal fulfillment changed everything
- Why the best marriages are better than ever

### SIMPLE BUT POWERFUL

Learn two simple, but powerful tools that can dramatically impact your relationship for the better:

- The four key elements of an impactful Gratitude Practice
- Emptying the Jug—five steps to openness and connection

# HAVE AN AMAZING CONVERSATION

Enjoy quality time together as you celebrate what is going well in your relationship and identify how you can be even more satisfied and fulfilled. Savor being guided through a remarkable and enlightening conversation with your partner.

Surprisingly **impactful and thought-provoking**. The practices are quite useful, especially given how deceptively simple they seem at first. Spending time together sharing our hearts with each other was a **great experience**.

#### —Engineer

Michael and Robin truly are masters. They complement each other beautifully. Each of them can stand on their own, but as a team they are **dynamic. Outstanding clarity**, presenting, knowledge of material, support and coaching.

—Author and therapist

I would recommend your courses to anyone seriously wanting to work on their relationship. Your gentleness, kindness and clarity **helped cut through my confusion and fear**. Your integrity and honesty about everything—from anger to vulnerability—showed me that it is all right to be deeply human, feel it and show it.

—Registered Nurse



Introduction to an extraordinary experience for couples



Facilitated by PAIRS Master Teachers and Trainers Robin Temple MA MSW and Mike Moore PLS

We welcome everyone who is committed to having a great relationship. We are delighted to engage with people of diverse backgrounds, ethnicities, gender preferences and relationship styles.

# **Relating with Heart—Prelude**

Sunday, Nov 3rd, from 1:30 to 4:00 PM Sunday, Nov 24th, from 1:30 to 4:00 PM

## **Boulder Healing Hub**

1650 38th St (behind Fate Brewery)
Suite 100E at the top of the stairs
and to the right—plenty of free parking

\$25/person at the door or attend FREE when you register in advance. We look forward to meeting you!

relatingwithheart.com/prelude